

NOTIFICATION OF TRANSACTIONS OF PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES

Rahul Dhir

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Rahul Dhir	
2	Reason for the notification		
a)	Position/status	Chief Executive Officer	
b)	Initial notifications /Amendments	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Tullow Oil plc	
b)	LEI	2138003EYHWO75RKS857	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary shares of 10 pence each	
	Identification code	GB0001500809	
b)	Nature of the transactions	(1) Grant of nil price options relating to ordinary shares of 10p each, granted pursuant to the Tullow Oil plc Executive Share Plan. The performance period for the grant is 2024-2026. 2) Grant of nil price options relating to ordinary shares of 10p each, granted pursuant to a deferred 2023 TIP award under the Tullow Oil plc Executive Share Plan.	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		(1) Nil	5,549,057
		(2) Nil	1,144,385
d)	Aggregated information		
	- Aggregated volume	(1) 5,549,057 (2) 1,144,385	
	- Price	Nil	
e)	Date of the transactions	11.03.2024	
f)	Place of the transactions	Outside a trading venue	

Richard Miller

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Richard Miller	
2	Reason for the notification		
a)	Position/status	Chief Financial Officer	
b)	Initial notifications /Amendments	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Tullow Oil plc	
b)	LEI	2138003EYHWO75RKS857	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary shares of 10 pence each	
	Identification code	GB0001500809	
b)	Nature of the transactions	(1) Grant of nil price options relating to ordinary shares of 10p each, granted pursuant to the Tullow Oil plc Executive Share Plan. The performance period for the grant is 2024-2026. (2) Grant of nil price options relating to ordinary shares of 10p each, granted pursuant to a deferred 2023 annual bonus award under the Tullow Oil plc Executive Share Plan.	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		(1) Nil	3,491,620
		(2) Nil	338,652
d)	Aggregated information		
	- Aggregated volume	(1) 3,491,620 (2) 338,652	
	- Price	Nil	
e)	Date of the transactions	11.03.2024	
f)	Place of the transactions	Outside a trading venue	

Name of officer of issuer responsible for making notification: Adam Holland

Date of notification: 14.03.2024