NOTIFICATION OF TRANSACTIONS OF PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Birgitte Goethe		
2	Reason for the notificat	ition		
a)	Position/status	Person Closely Associated to Roald Goethe, Non-Executive Director of Tullow Oil plc		
b)	Initial notification /Amendment	Initial notification		
3	Details of the issuer, emi or auction monitor	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Tullow Oil plc		
b)	LEI	2138003EYHWO75RKS857		
4	Details of the transaction: section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument	Ordinary shares of 10p each		
	Identification code	GB0001500809		
b)	Nature of the transaction	Purchase of ordinary shares		
c)	Price and volume	Price 1) £0.29685 2) £0.29481 3) £0.28981	Volume 150,000 150,000 150,000	
d)	Aggregated information - Aggregated volume - Price	450,000 1) £44,527.5 2) £44,221.5 3) £43,471.5		
e)	Date of the transaction	1) 22.06.2023 2) 22.06.2023 3) 22.06.2023		
f)	Place of the transaction	London Stock Exchange (XLON)		

Name of officer of issuer responsible for making notification: Adam Holland

Date of notification: 26.06.2023