

Jonathan Swinney appointed CFO of Tullow

News Release

Appointment of Jonathan Swinney as CFO of Tullow Oil plc

24 March 2022 - Tullow Oil plc (Tullow) is pleased to announce the appointment of Jonathan Swinney as Chief Financial Officer (CFO) and as an Executive Director of Tullow. Jonathan is currently CFO of EnQuest PLC and will join Tullow later this year. As previously announced, Richard Miller, currently Group Financial Controller, will act as interim CFO until Jonathan arrives at Tullow.

Jonathan brings extensive oil & gas and capital markets experience to Tullow having served as EnQuest's founding CFO since 2010. In this period, EnQuest has developed its business in the UK and in Malaysia and undertaken a number of asset acquisitions and major capital markets transactions. Jonathan is a chartered accountant and a qualified solicitor. He joined Petrofac as the head of Mergers and Acquisitions in 2008 before joining EnQuest and previous to that worked in investment banking.

Phuthuma Nhleko, Chairman of Tullow Oil plc, commented today:

"I am delighted to welcome Jonathan Swinney to Tullow. Jonathan has a proven track record in the oil & gas sector of working in complex operating environments and driving capital discipline and efficiency. He has the right mix of sector and corporate finance experience that Tullow needs and I am looking forward to working with Jonathan and Rahul as we build Tullow as a leader in the African oil & gas sector. I would also like to thank Les Wood, who is stepping down from the Board at the end of this month, for all his hard work and dedication to Tullow over the past five years as CFO."

FOR FURTHER INFORMATION CONTACT:

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This announcement contains inside information for the purposes of Article 7 of Regulation 2014/596/EU which is part of domestic UK law pursuant to the Market Abuse (Amendment) (EU Exit) Regulations (SI 2019/310) ("UK MAR"). Upon the publication of this announcement, this inside information (as defined in UK MAR) is now considered to be in the public domain. This announcement is being made on behalf of Tullow by Adam Holland, Company Secretary.

Notes to editors

Tullow is an independent oil & gas, exploration and production group which is quoted on the London, Irish and Ghanaian stock exchanges (symbol: TLW) and is a constituent of the FTSE250 index. The Group has interests in over 30 exploration and production licences across eight countries. In March 2021, Tullow committed to becoming Net Zero on its Scope 1 and 2 emissions by 2030.

For further information, please refer to our website at www.tulloil.com.

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Directors' declarations pursuant to Rule 9.6.13R of the Listing Rules

There is no further information to add in respect of Rule 9.6.13R of the Listing Rules.