

NOTIFICATION OF TRANSACTIONS OF PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES

| | | | |
|----------|--|--|------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
| a) | Name | Les Wood (CFO) | |
| 2 | Reason for the notification | | |
| a) | Position/status | As per 1(a) | |
| b) | Initial notifications /Amendments | Initial notification | |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | | |
| a) | Name | Tullow Oil plc | |
| b) | LEI | 2138003EYHWO75RKS857 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Ordinary shares of 10p each GB0001500809 | |
| b) | Nature of the transactions | Purchase of securities and receipt of awards of free shares under the HMRC Approved Share Incentive Plan at the end of an accumulation period for savings. | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | £0.2958 | 1,521 (Les Wood) |
| | | £0.00 | 1,521 (Les Wood) |
| d) | Aggregated information - Aggregated volume - Price | 3,042 (Les Wood) £899.82 (Les Wood) | |
| e) | Date of the transactions | 07.04.2021 | |
| f) | Place of the transactions | London Stock Exchange (XLON) | |

Name of officer of issuer responsible for making notification: Adam Holland

Date of notification: 07.04.2021